

How much control do you have over your life?

A) Satisfying Effort

Satisfying effort is one way to impact your life. Any individual or community that strives and exerts effort will significantly influence their life. On the other hand, those who are lazy and make no effort in their life will only bring misery upon themselves. Such is the influence of effort on people and societies that one can say that nothing remains for them except their effort.

And that there is not for man except that [good] for which he strives (An-Najm, 39).

Are you lazy or diligent?

People and societies are divided into two categories based on their effort and striving. Some strive in accordance with God's divine plan, while others exert effort in opposition to it. Those who oppose God's plan have nothing in their future but fire and Hell, and such effort is hateful. However, those who strive in line with God's plan have a bright and heavenly future. Their effort is called a "satisfying effort."

Some faces on that day will be humbled (88:2); wrought-up and weary: (88:3); "They will enter the burning Fire" (88:4); "They will be given drink from a boiling spring" (88:5); "They will have no food except from a poisonous thorny plant" (88:6); "Which neither nourishes nor avails against hunger" (88:7); "Other faces, that Day, will be joyful" (88:8); "Satisfied with their striving" (88:9); "In an elevated Garden" (88:10); "Wherein you will hear no unsuitable speech" (88:11); "Within it is a flowing spring" (88:12); "Within it are couches raised high" (88:13); "And cups put in place" (88:14); "And cushions lined up" (88:15); "And carpets spread out" (88:16)_

Sources:

- _Al-Kafi 8/221, Hadith 277_
- _Tuhaf al-Uqul 209_
- _Bihar al-Anwar 47/78, Hadith 60_
- _Mishkat al-Anwar, Chapter 5 on Patience, Hadith 63 (via Bihar al-Anwar 70/184)_

Pg 40 from the book "**Success Based on Verses and Narrations**
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